

2011 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

22 Coaches Voted in this weeks poll

Date: August 25, 2011

Class B Girls:

Teams

- 1 Rugby
- 2 Killdeer
- 3 Parshall
- 4 Velva
- 5 Griggs County Central

Individuals

- 1 Chandra Yankton (Dunseith)
- 2 Tasha Heisler (Velva)
- 3 Alexis Woods (Parshall)
- 4 Alyssa Anderson (Leeds)
- 5 Sydney Kraft (Rugby)

- 6 Symbria Bell (New Town)
- 7 Lauren Christenson (Rugby)
- 8 Skye Schaper (Killdeer)
- 9 Keisha Schock (Washburn/Wilton)
- 10 Robyn Essler (Garrison)

Other teams receiving votes: Grafton

Class B Boys:

Teams

- 1 New Town
- 2 Rugby
- 3 Beulah/Hazen
- 4 Grafton
- 5 Central Cass

Individuals

- 1 Ken Wells (Parshall)
- 2 Clyde Baker (New Town)
- 3 Erik Wangler (Rugby)
- 4 Donovan Lambert (New Town)
- 5 Kyle Volk (Rugby)

- 6 Bridger Belzer (North Star)
- 7 Hayes Feilmeier (Watford City)
- 8 Lincoln Larson (North Star)
- 9 William Stevens (New Town)
- 10 DeVan Helmoski (Grafton)

Other teams receiving votes:

Class A Girls:

Teams

- 1 Fargo Davies
- 2 Bismarck
- 3 Bismarck Century
- 4 West Fargo
- 5 Fargo North

Individuals

- 1 Tarin Lachowitz (Fargo Davies)
- 2 Katie Bye (Fargo Davies)
- 3 Alison Allmer (Jamestown)
- 4 Carley Bertsch (Fargo Davies)
- 5 Jordan Jacob (Bismarck Century)

- 6 Alex Backlund (Shanley/Oak Grove)
- 7 Brittany Brown Otter (Bismarck)
- 8 Alex Zeis (Bismarck)
- 9 Kayla Wald (Bismarck)
- 10 Kelsey Zastoupil (Fargo Davies)

Other teams receiving votes:

Class A Boys:

Teams

- 1 Bismarck
- 2 Grand Forks Red River
- 3 Grand Forks Central
- 4 Williston
- 5 West Fargo

Individuals

- 1 Jake Leingang (Bismarck)
- 2 Austin Todd (Bismarck)
- 3 Chris Chamberlin (Williston)
- 4 Brandon Scheel (Fargo Davies)
- 5 Brennan Goldade (Williston)

- 6 Tanner Piper (Grand Forks Red River)
- 7 Vladimir Kutka (Dickinson)
- 8 Matt Tingum (Grand Forks Red River)
- 9 Preston Lerew (Bismarck)
- 10 Lane Kasher (Bismarck)

Other teams receiving votes: Minot